

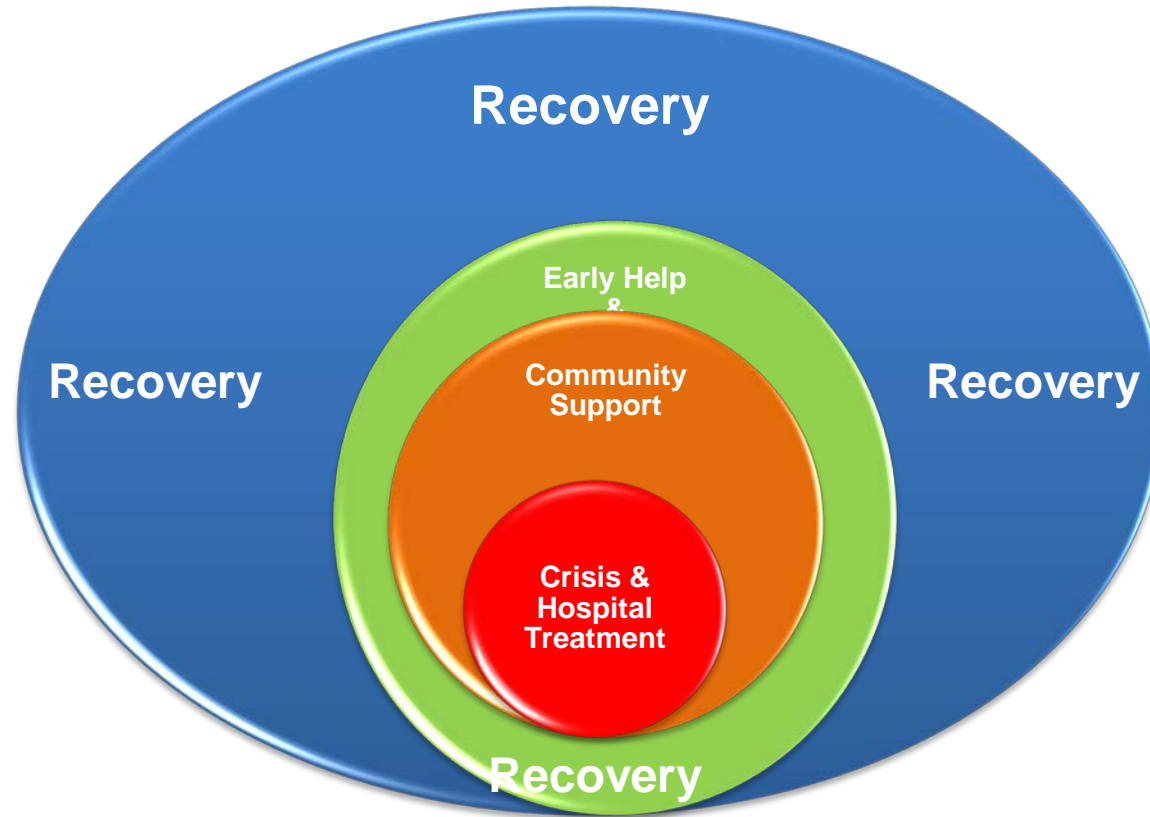


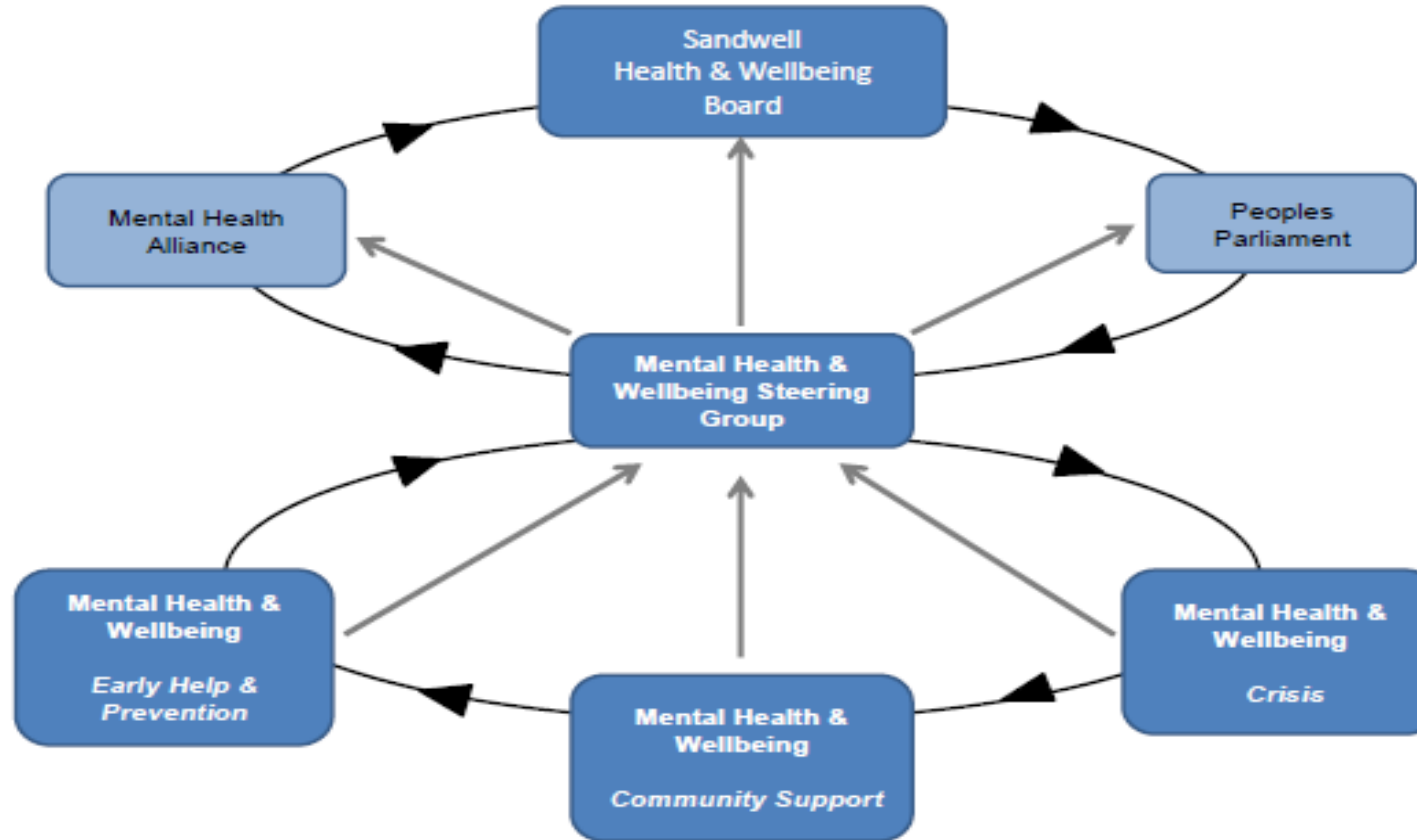
Sandwell Health and Wellbeing Board

25th July 2019

Mental Health

Governance arrangements for delivering mental health services in Sandwell.



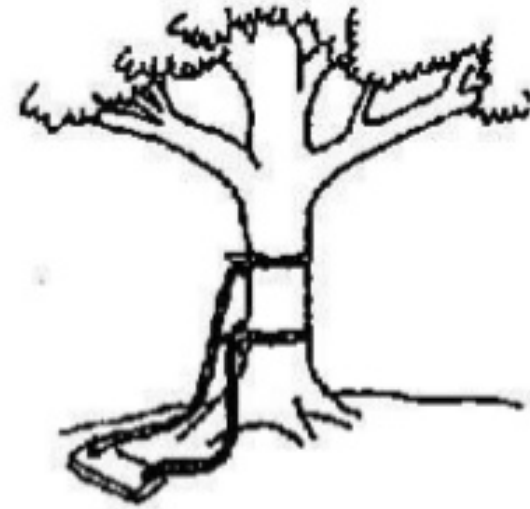




As proposed by the project sponsor.



As specified in the project request.



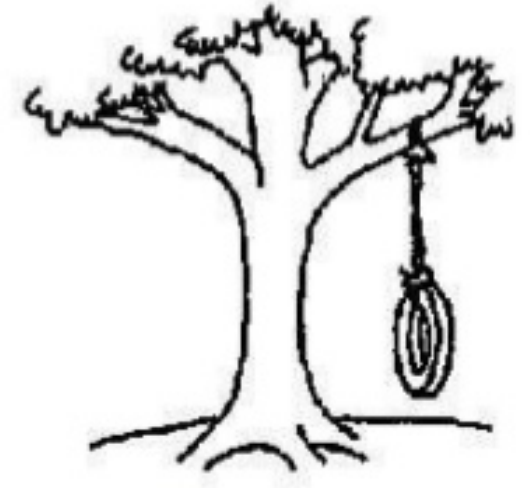
As designed by the senior analyst.



As produced by the programmers.



As installed at the user's site.



What the user wanted.



Progress Update

Met with all existing groups

Established chair, TOR and support

Workshop to establish group

1st White Paper from MH Parliament

**Sandwell People's Parliaments
update &
Community places of safety
briefing paper**

July 2019



Ordinary lives...



No one is too disabled or too affected by mental health difficulties to lead an ordinary life.



An ordinary life is many things...



- being as independent as possible
- having education and training that leads to personal development
- having paid employment
- living in a home of your own choosing
- having good quality healthcare
- being part of the community
- being safe and free from harm
- having a family, friendships and relationships



An ordinary life = Sandwell 2030 vision



People's Parliament (learning disability and autism)



In 2019-2020 we are working on independent living, health, sexuality and employment.



Mental Health People's Parliament



We are a strategic body led by MPs with lived experience of mental health difficulties supported by Changing Our Lives.

Our function is to **hold decision makers to account** for improvements in services and supports so that people experiencing mental health difficulties can have an improved quality of life and be in greater control of their mental wellbeing.



It is **not a platform for consultation** or a vehicle to hear 'user views'.

The Parliament takes key strategic issues that affect the lives of local people and works in coproduction with senior decision makers (e.g. the Health and Wellbeing Board, Mental Health Steering Group) and local commissioners to develop solutions that put people in greater control of their own lives.



Our approach is rooted in coproduction



- Coproduction is a simple idea. It's about individuals, communities and organisations having the skills, knowledge and ability to work together, create opportunities and solve problems.
- It is asset based.
- It is underpinned by a belief that communities are in the best position to determine their own needs and goals, and to plan for the future, to whatever extent they want to. Re-addressing the power imbalance that exists.



Our approach to Mental Health

- ✓ There needs to be greater parity between mental and physical health.
- ✓ We must find innovative and creative ways to challenge stigma.
- ✓ Recovery informs all of our work.
- ✓ Mental Health Rights are Human Rights: Prevention can be naturally created within communities; local people are the **catalyst for change.**



Community place of safety briefing paper July 2019



Outcomes & Benefits



Research indicates:

Reduced rate of people accessing A&E for a MH “crisis”

Reduced rate of police and ambulance services sought

Community and individual resilience



Case example 1 Dorset NHSFT



A+E Impact

A&E data received by Poole General Hospital related to their top 25% of frequent attenders.



Top user – 9 attendances down to 1

Second highest user - 3 attendances down to 0

70% of people using the Retreat April – August 2018 have not returned to Poole A+E since using it and 72% have not returned to Bournemouth A+E.



Case example 1



Self Reported Outcomes

Everyone attending the Retreat is asked if it helped them to avoid using ED, Crisis Services or the Police:

44%	no reply
31%	avoided ED
38%	avoided crisis
14%	avoided police



Case example 2 St Mungos Bristol

A cost analysis has been done to look at how the service has saved money locally

Cost owner	Cost area	Estimated costs avoided between April 15 - September 16 (18 months)
Bristol CCG	A&E attendances	£120,161
NHSE	Section 12 costs for avoided MHAs	£267,920
Bristol Council	AMHP costs for avoided MHAs	£66,570
Total estimated costs avoided (excluding avoided 136 costs which it has not been possible to calculate)		£454,651

Thank you

