

**Sandwell Health and Wellbeing Board
7 June 2018**

Report Topic:	Improving access to mental health services for adults - thematic group Update Report
Contact Officer:	Steve Phillips, Divisional Director Black Country Partnership Foundation Trust
Link to board priorities	<p>Please include in your report how your work links to one or more of our board priorities:</p> <ol style="list-style-type: none"> 1. We will help keep people healthier for longer 2. We will help keep people safe and support communities 3. We will work together to join up services 4. We will work closely with local people, partners and providers of services
Purpose of Report:	<ul style="list-style-type: none"> • The purpose of the report is to provide an update on the progress of the thematic group against the actions that had been agreed by the Health and Wellbeing Board.
Recommendations	<ul style="list-style-type: none"> • The Health and Wellbeing Board are asked to note the contents of the report.
Key Discussion points:	<p>The Thematic Group have been working on the following agreed actions (see attachment 1):-</p> <ul style="list-style-type: none"> • MH1: Mapping exercise and assessment of community based mental health services. • MH2: Plan and organise themed events with key organisations to discuss mental health • MH3: Implement a borough wide 'Mental Health first Aid training' programme • MH4: Improve abilities for earlier diagnosis of adults with a new diagnosis of depression • MH5: Develop 'Places of safety' across the borough

- MH6: Extend the hours that those in need can access key services

The progress against these actions has been varied and as plans are developing other opportunities are being explored or impact on other actions within the group.

The successes to date have been around developing themed events across the many stakeholders and the initial event proved very successful, and this is now being followed up with a programme of events over the year that the group can use to inform its work.

Initial mapping of services has taken place and the group are currently looking to link this work to the HUB through agreeing what should or should not be included on the HUB that stakeholders could refer to. This has significant potential to support the people of Sandwell but needs to be done in such a way that it is managed and used in the right way going forward.

Also, there has been significant work around developing “Places of Safety” building on feedback from users and other models that have been scoped. Development of bid/specification was developed however there are ongoing discussions around the model which the CCG are leading a further meeting to discuss and agree.

There is ongoing work to develop and put in place local Mental Health First Aid training, with some initial plans through Black Country Partnership, as well as other local organisations however the group recognize that to fulfil the ambition, financial support will be required to deliver as set out in THRIVE West Midlands plans.

The group have also had a few challenges in taking the agreed actions forward; some of this has been around changes in membership and the need to widen some of the membership to include other key stakeholders. In addition there is a need to review the frequency of meetings to ensure progress is being made and partners are supported to take the work forward.

Implications (e.g. Financial, Statutory etc)

As work on all key actions are developed, the group will need to consider the financial and resource impact on organisations and identify solutions to enabling progress to be made.

What engagement has or will take place with people, partners and providers?

A key action of the group is up undertake Themed events that allow wide participation from all key stakeholders to ensure this takes place.

Attachment 1

	Improving access to mental health services for adults - thematic group	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18
MH1	Mapping exercise and assessment of community based mental health services													
Lead: CM	Initial mapping completed and results shared with steering group													
	Group members to make additions, comments on draft mapping exercise													
	Tiers of service provision have been agreed by the group													
	The group has assessed existing services, identified gaps and proposed new provision where required													
	A draft directory of services has been agreed by the group													
	Write and publish strategy													
MH2	Plan and organise themed events with key organisations to discuss mental health													
Lead: ASC	First event held on raising awareness of the services available in Sandwell that either directly or indirectly support individuals affected by mental health, strengthening connections between organisations and shaping future events.													
	Feedback from the event shared with group members													
	Programme and themes for further events have been agreed													
MH3	Implement a borough wide 'Mental Health first Aid training' programme													
Lead: BCPFT	Draft proposal & costings for implementing a borough wide 'Mental Health First Aid' training programme have been presented to the group.													
	An approach for implementing the training programme has been agreed and resources are in place.													
	Organisations, groups and individuals who would benefit from training have been identified.													
	Identify financial resources to roll out of borough wide 'Mental Health First Aid' training commenced													
MH4	Improve abilities for earlier diagnosis of adults with a new diagnosis of depression													
Lead: CCG	A typical patients journey into crisis has been mapped out in order to identify prevention opportunities													
	Analysis of current IAPT pathways has been undertaken and opportunities for improvement identified													
MH5	Develop 'Places of safety' across the borough													
Lead: CoL/CCG/ASC	A paper detailing the findings and feedback from consultation with 'people with experience' on community places of safety has been shared with the group													
	Sub group have met to discuss how to create places of safety and have developed a plan													
	A costed proposal and plan has been presented to the Group and actions agreed													
MH6	Extend the hours that those in need can access key services													
Lead: CCG	Initial briefing paper presented to the Group identifying key services and proposals for extending access													
	Extended hours of opening have been included in future service specifications													
MH7	Improve Sandwells ability for prevention, resilience building and recovery													
	A brief summary of early access interventions has been produced and discussed by the group													
Lead:	The group understand more about how a mental health wellbeing service and improved access could support resilience building and recovery (inc. prevention, hospital avoidance & reoccurrence)													
	The group has investigated all other available funding streams which could support the actions within this plan (e.g. BCF, STP)													