

Appendix 1

Case Study 1.

EE was referred to Supported Lodgings when she was 16 years old by the Family Solutions Team. She had just completed her GCSEs and wanted to leave her family home due to a breakdown in relationships with both parents. Her father was a heavy drinker and had a volatile temper – EE often being on the receiving end. EE was matched with a Host family in the Dudley Borough where she was given the stability and space she needed to concentrate on her A levels.

EE stayed in Supported Lodgings for almost 2 years after being granted an extension to stay while she completed her studies and applied to universities. She built an excellent relationship with her Host family who took her away on holiday abroad, to a festival and even gave her their old car when she passed her driving test. She was interviewed on local radio, she met the Dudley Mayor, Sajid Javid and visited Parliament where she met numerous MPs. In August this year, she travelled to the YMCA World Council in Thailand.

EE left the Project on 31st August when she moved in to student accommodation at Worcester University where she is studying to become a midwife but she still comes back to her Hosts for Sunday lunch at weekends.

Case Study 2.

DP was kicked out of his family home and was sleeping rough in parks, bus shelters and on the buses when he was referred to YMCA by Children's Services. DP had left school with no qualifications and when he first moved in with his Host family, had no idea which direction to take. His Project Worker supported him to enrol with Nova Training where he completed a level 1 qualification in painting and decorating and functional skills in Maths and English. In September he enrolled at Sandwell College where he is completing a Level 1 qualification in Construction.

Since being on the Project, DP has participated in the youth forum, he took part in the Ben Nevis climb and was the first of our group to reach the top of the mountain. He attends all his meetings and has engaged very well with the project. He is a regular user of the YMCA gym and has now

got a part-time job and successfully informed Benefits of all changes without support. DP has matured and rebuilt his relationship with his family and is currently under move-on protocol.