

**Sandwell Health and Wellbeing Board
19 September 2019**

Report Topic:	Children's Emotional Wellbeing and Mental Health: Thrive
Contact Officer:	Karmah Boothe, Sandwell CCG
Link to board priorities	<p>Please include in your report how your work links to one or more of our board priorities:</p> <ol style="list-style-type: none"> 1. We will help keep people healthier for longer 2. We will help keep people safe and support communities 3. We will work together to join up services Principles of Thrive approach is to galvanise the system to work in an integrated way to support the most vulnerable. Thrive spreads across the breadth and depth of key touchpoints that children, young people and their families interact with. 4. We will work closely with local people, partners and providers of services Transforming Child and Adolescent Mental Health Services is premised on engaging with local people and partners. Thrive Board has transferred funding to SHAPE board to ensure a strategic approach to CYP engagement.
Purpose of Report:	<p>CCGs are required to refresh the CAMHS Local Transformation Plan (LTP) on an annual basis. The purpose of the report is to provide:</p> <ul style="list-style-type: none"> ○ An outline the context for the CAMHS LTP ○ An update of the work that has been progressed ○ An overview of the key priorities for 2020/21
Recommendations	<ul style="list-style-type: none"> ● To approve the program plan ● To continue to encourage partnership at all levels to support the system wide implementation of the CAMHS transformation program
Key Discussion points:	<p>Sandwell CAMHS Local Transformation Plan was developed in 2014/5 with annual refreshes presented to HWB for subsequent years. Sandwell CAMHS transformation plan was premised on Mental Health Five Year Forward View (MHFYFV) requirements. MHFYFV successor NHS 10-year plan has outlined ambitions to transform services for CYP and families in particular across mental</p>

health services. To align to the 10-year plan the CAMHS Local Transformation Board rebranded the programme of work to Thrive.

Sandwell Over the next year Sandwell is positioning it's emotional wellbeing and mental health service developments to align to the core requirements of NHS 10-year plan with the ambition of increasing access to 100% of CYP who require emotional wellbeing/mental health being provided with the opportunities to receive them.

1. We will work together to join up services

We have established new governance arrangement that holds each organisation/agency to account to support children and young people emotional wellbeing and mental health in Sandwell. Our new governance arrangements have removed the organisational silos of emotional wellbeing / mental health and have encompassed a system approach to supporting CYPF to Thrive in Sandwell. Our re-launched board is called Thrive and is made up of key partners across the system.

Children and Young People emotional wellbeing and mental health is everyone's business, we have committed as a partnership to deliver a 10-year plan that builds on existing resources and services. Key objectives of Thrive Board is to:

- Oversee and assure the implementation of Sandwell Thrive Plan
- Focus on developing services that support CYP in maintaining mental wellbeing through effective strategies
- Contribute to reducing demand for specialist mental health services through effective prevention and promotion strategies
- Reduce system blocks that prevent operational delivery
- Agree overarching budgets and investments to support CYP emotional wellbeing and mental health

Sandwell Thrive Plan has been co-produced with members of Thrive Board and subgroups that support Thrive.

2. We will work closely with local people, partners and providers of services

NHS 10-year plan ambitions are to support triple integration across the system. Sandwell Thrive plan (previously known as CAMHS Transformation Plan) has outlined Sandwells approach to support closer working with local people, partners and providers.

As part of Thrive and wider strategic work programmes we have developed Sandwell Children and Young People engagement strategy 2019-2022. The strategy aims to strategically plan and coordinate engagement opportunities

	<p>with CYPF to engage and shape service plans and development.</p> <p>National funding from DFE and NHS England has been awarded to Black Country and West Birmingham STP to implement Mental Health Support Teams (MHST). MHST will work closely with school and education settings to:</p> <ul style="list-style-type: none"> a) Provide whole school approaches to supporting emotional wellbeing and mental health b) Skill up teachers/professionals within the school to support CYPF who are presenting with low level emotional wellbeing concerns c) Create speedier access for CYP who have low level concerns to access therapeutic interventions. <p>MHST's across Sandwell and the wider Black Country will be delivered in partnership with CAMHS and Education Psychology. The VCS across all localities will be pivotal in future service developments</p>
Implications (e.g. Financial, Statutory etc)	
<p>Across the system we must maintain current investment into childrens emotional wellbeing and mental health. In order to reduce the lifelong impact of mental health additional interventions to promote positive emotional wellbeing and early intervention is required to reduce the requirements for specialist mental health services. All partners financial contribution to emotional wellbeing and mental health services must be visible for Sandwell to truly transform emotional wellbeing and mental health services in Sandwell.</p>	
<p>What engagement has or will take place with people, partners and providers?</p>	<p>SHAPE Board have been commissioned to support engagement for Thrive Partnership</p>