

Health and Children's Services joint Scrutiny meeting
2nd November 2020

An overview of the child

emotional wellbeing and mental health system

The 'tiers' of service – what do they mean?

These services are available to everyone – an individual's choice to access	Primary Prevention	Universal services	Tier 1	Universal services	Prevent: Primary Prevention and Promoting Wellbeing	Eg information, advice, guidance
These services are usually accessed by a Primary Prevention service signposting to Secondary Prevention – still an individual's choice to access	Secondary Prevention	Universal plus services	Tier 2	Early Help	Reduce: Secondary Prevention and Early Intervention	Eg direct support such as mentoring or counselling
These services are usually offered to individuals when they have been identified by an agency as being in need of support – the individual has to agree to the support	Tertiary Prevention	Targeted services	Tier 3	Targeted Early Help	Delay: Tertiary Prevention	Eg Family Support in CAMHS, etc
These cannot be accessed without a referral from an approved agency	Specialist services	Specialist services	Tier 4	Statutory services	Treat: intervention	Eg child protection, secure bed

System overview

- **Future in Mind**

- Promoting resilience, prevention, early intervention
- Improving access to effective support (system without tiers)
 - right time, right place and as close to home as possible
- Care for the most vulnerable
- Accountability and transparency
- Developing the workforce

- **NHS 5-year forward view for mental health**

- **NHS Local Transformation Plan (LTP) 2019/21**

- **Sandwell Thrive Framework**

Future in mind

Promoting, protecting and improving our children and young people's mental health and wellbeing



Child emotional wellbeing and mental health - snapshot

Tier	Service/intervention	Commissioners	Providers
1	<ul style="list-style-type: none"> • PSHE and RSHE in schools • Other school programmes eg mentoring, parenting support, active lifestyles, etc • School nursing • Mental Health Support Teams and Education Mental Health Practitioners • Kooth online counselling • Piota and Silver Cloud • BEAM drop-in counselling • Educational Psychologists • 85 emotional health and wellbeing providers in VCS • Children’s Centre services 0-25 • ACEs, Trusted Adult training and trauma-informed practice 	Public Health Other local authority Schools CCG VCS PCC Central government	Local authority Schools VCS organisations Murray Hall and Action for Children Barnardos

Child emotional wellbeing and mental health - snapshot

Tier	Service/intervention	Commissioners	Providers
2	<ul style="list-style-type: none"> • Primary Mental Health Workers (via COGs, YOS, Horizons, LAC teams) • Mental Health Support Teams and Education Mental Health Practitioners • i-Rise mentoring • Albion Foundation mentoring • i-Trust (Supporting Families Against Youth Crime) • Troubled Families programme • Educational Psychologists • School nursing 	CCG Public Health Other local authority Sandwell Children's Trust Central Government	Kaleidescope Plus Group Krunch Sandwell Children's Trust Albion Foundation Local Authority BC Healthcare NHST

Child emotional wellbeing and mental health - snapshot

Tier	Service/intervention	Commissioners	Providers
3	<ul style="list-style-type: none"> • CAMHs - Early intervention service - Eating Disorders Service - Crisis intervention - Home Treatment - Integrated Support Service (for children who have severe and profound learning disabilities, and for families of children and young people who have severe and profound learning disabilities) - Specialist CAMHs (for children with complex mental health problems) • CYP-IAPT 	CCG NHSE HEE	BC Healthcare NHS Trust CYP-IAPT Midlands Collaborative
4	CAMHs Tier 4 – adolescent in-patient services including specialist eating disorders services, and non-admitted care including crisis intervention, home treatment, step-down care and other alternatives to admission when delivered as part of a provider network	NHS England	NHSE

Covid19 – impact on children

- Council Covid19 impact activity – SHAPE survey
- 2nd July 2020 meeting between Leader of Sandwell and VCS
- National reports and data:
 - Coronavirus and young people with mental health needs – Young Minds
 - Childhood in the time of Covid – Children’s Commissioner
- Just Youth; SHAPE social networking platforms; video for young people by young people
- Detached Youth Work; Agony Aunt
- <https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/>
- Sandwell Family Life, Family Information Service
- Ofsted Section 8 visits
- Ofsted – support to vulnerable children